



**US WOMEN'S
SHOE SIZE**

**US MEN'S
SHOE SIZE**

HEEL WIDTH
inches | mm

MET HEAD WIDTH
inches | mm

LENGTH
inches | mm

THICKNESS
mm

W 5

1.77" | 45mm

2.87" | 73mm

8.38" | 213mm

1.3 or 1.0

W 6

1.85" | 47mm

2.95" | 75mm

8.77" | 223mm

1.3 or 1.0

W7

M 6

1.88" | 48mm

3.07" | 78mm

9.17" | 233mm

1.3 or 1.0

W 8

M7

1.96" | 50mm

3.18" | 81mm

9.56" | 243mm

1.3 or 1.0

W 9

M 8

2.04" | 52mm

3.30" | 84mm

9.96" | 253mm

1.3 or 1.0

W 10

M 9

2.12" | 54mm

3.42" | 87mm

10.35" | 263mm

1.3 or 1.0

W 11

M 10

2.16" | 55mm

3.50" | 89mm

10.74" | 273mm

1.3 or 1.0

W 12

M 11

2.20" | 56mm

3.54" | 90mm

11.14" | 283mm

1.3 or 1.0

W 13

M 12

2.24" | 57mm

3.58" | 91mm

11.53" | 293mm

1.3 or 1.0

W 14

M 13

2.24" | 57mm

3.62" | 92mm

11.88" | 302mm

1.3 or 1.0

M 14

2.28" | 58mm

3.70" | 94mm

12.28" | 312mm

1.3 or 1.0

M 15

2.28" | 58mm

3.70" | 94mm

12.67" | 322mm

1.3 or 1.0

M 16

2.32" | 59mm

3.74" | 95mm

13.03" | 331mm

1.3 or 1.0

**FITTING RECOMMENDATIONS ARE BASED ON
PREFABRICATED SIZES WITHOUT MODIFICATION**